***Syllabus***

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| **Department**  | **Centre for Gymnastics and Student Sports** | **Year** | 2024/ 2025 |
| **Course**  | Volleyball | **ECTS** | **1** |
| **Study programme** |  |
| **Level of study programme** | [x]  Undergraduate | [x]  Graduate | [ ]  Integrated | [ ]  Postgraduate |
| **Type of study programme** | [ ]  Single major[ ]  Double major  | [x]  University | [ ]  Professional | [ ]  Specialized |
| **Year of study** | [x]  1 | [x]  2 | [x]  3 | [x]  4 | [x]  5 |
| **Semester** | [x]  Winter[ ]  Summer | [ ]  I | [ ]  II | [ ]  III | [ ]  IV | [ ]  V |
| [ ]  VI | [ ]  VII | [ ]  VIII | [ ]  IX | [ ]  X |
| **Status of the course** | [ ]  Compulsory | [ ] Elective | [x]  Elective course offered to students from other departments | **Teaching Competencies** | [ ]  YES [x]  NO |
| **Workload** | **0** | **L** | **0** | **S** | **30** | **E** | **Internet sources for e-learning** | [ ]  YES [x]  NO |
| **Location and time of instruction** | Višnjik, 4 | **Language(s) in which** **the course is taught** | Croatian/English |
| **Course start date** | 2.10.2024 | **Course end date** | 24.01.2025 |
| **Enrolment requirements** | / |
|  |
| **Course coordinator** | PhD, associate professor, Gordana Ivković |
| **E-mail** | givkovic@unizd.hr | **Consultation hours** |  |
| **Course instructor** |  |
| **E-mail** |  |  |  |
| **Assistant/****Associate** |  |
| **E-mail** |  | **Consultation hours** |  |
| **Assistant/****Associate** |  |
| **E-mail** |  | **Consultation hours** |  |
|  |
| **Mode of teaching** | [ ]  Lectures | [ ]  Seminars and workshops | [x]  Exercises | [ ]  E-learning | [ ]  Field work |
| [ ]  Individual assignments | [ ]  Multimedia and network | [ ]  Laboratory | [ ]  Mentoring | [ ]  Other |
| **Learning outcomes** | By completing the course, students will acquire the necessary knowledge and skills to master the basic elements of volleyball technique and tactics, as well as the application of measuring instruments to assess volleyball knowledge and abilities. |
| **Learning outcomes at the Programme level** | • apply volleyball games and exercises as a means of recreation,• know the procedure and development of volleyball elements,•apply the rules of volleyball during the game,• know the impact of learning, training, practicing and playing volleyball on psychosomatic status,• know the characteristics, abilities and traits of players that are important for successful volleyball playing,• know the structure of the team and basic game models,• know the basics of individual attack and defense tactics, group attack and defense tactics, collective attack tactics |
|  |
| **Assessment criteria**  | [x]  Class attendance | [ ]  Preparation for class | [ ]  Homework | [ ]  Continuous evaluation | [ ]  Research |
| [x]  Practical work | [ ]  Experimental work | [ ]  Presentation | [ ]  Project | [ ]  Seminar |
| [ ]  Test(s) | [ ]  Written exam | [ ]  Oral exam | [ ]  Other: |
| **Conditions for permission to take the exam** | / |
| **Exam periods** | [ ]  Winter | [ ]  Summer | [ ]  Autumn­ |
| **Exam dates** |  |  |  |
| **Course description** | By completing the course, students will acquire the necessary knowledge and skills to acquire the basic elements of technique and tactics of the volleyball game, as well as the application of volleyball knowledge and abilities in order to maintain and develop the anthropological status. The acquired knowledge and abilities can be used to compensate for intellectual and psychological burdens during studies and later during everyday life. |
| **Course content** | *1. Volleyball attitudes and movements. Peak rejections**2. Forearm rejections**3. Lower service**4. Mini volleyball (3 : 3)**5. Services without rotation**6. Games 4 : 4. Rotation services.**7. High ball slam**8. Block**9. Game 6 : 6 - System 6 : 0,**10. Garbage protection systems (1)-2-3, -2**11. Beginner system 4 : 2**12. Beginner system 4 : 2**13. Game 6 : 6 - with the system 4 : 2 (5 : 1, 3 : 3)**14. Game 6 : 6**15. Game 6 : 6* |
| **Required reading** |  |
| **Additional reading** |  |
| **Internet sources** |  |
| **Assessment criteria of learning outcomes** | Final exam only |  |
| [ ]  Final written exam | [ ]  Final oral exam | [ ]  Final written and oral exam | [ ]  Practical work and final exam |
| [ ]  Only test/homework  | [ ]  Test/homework and final exam | [ ]  Seminar paper | [ ]  Seminar paper and final exam | [x]  Practical work | [ ]  other forms |
| **Calculation of final grade** | / |
| **Grading scale** |  | % Failure (1) |
|  | % Satisfactory (2) |
|  | % Good (3) |
|  | % Very good (4) |
|  | % Excellent (5) |
| **Course evaluation procedures** | [x]  Student evaluations conducted by the University[ ]  Student evaluations conducted by the Department[ ]  Internal evaluation of teaching[x]  Department meetings discussing quality of teaching and results of student evaluations[ ]  Other |
| **Note /Other** | In accordance with Art. 6 of the *Code of Ethics* of the Committee for Ethics in Science and Higher Education, “the student is expected to fulfil his/her obligations honestly and ethically, to pursue academic excellence, to be civilized, respectful and free from prejudice.”According to Art. 14 of the University of Zadar's *Code of Ethics*, students are expected to “fulfil their responsibilities responsibly and conscientiously. […] Students are obligated to safeguard the reputation and dignity of all members of the university community and the University of Zadar as a whole, to promote moral and academic values and principles. […]Any act constituting a violation of academic honesty is ethically prohibited. This includes, but is not limited to:- various forms of fraud such as the use or possession of books, notes, data, electronic gadgets or other aids during examinations, except when permitted;-various forms of forgery such as the use or possession of unauthorised materials during the exam; impersonation and attendance at exams on behalf of other students; fraudulent study documents; forgery of signatures and grades; falsifying exam results.”All forms of unethical behaviour will result in a negative grade in the course without the possibility of compensation or repair. In case of serious violations the *Rulebook on Disciplinary Responsibility of Students at the University of Zadar* will be applied.In electronic communications only messages coming from known addresses with a first and a last name, and which are written in the Croatian standard and appropriate academic style, will be responded to.This course uses the Merlin system for e-learning, so students are required to have an AAI account. |